



## I Draw! I Dance!

**Grades:** K to 2nd

**Class Size Limit:** 12

**Dates:** 8 weeks starting October 7, 2015

**Times:** Wednesdays 3:30 to 4:15pm

**Where:** Friendly House - in the Garden Room

You Are Amazing! Everything about you is amazing and in this class you will dance and draw your amazing self. You will create a life-size Self-Portrait of your amazing self!

**Children will learn** the basic evolution of movement and how they move and express who they are through fun and engaging activities with storybooks, music, drawing, dancing and more. Children create a personal portfolio of drawings that tell their unique story about their arms, legs and head. A life-sized self-portrait is the final project and Friendly House invites parents/friends to a short performance of the Self-Portrait Dance & Gallery. Details will be provided after registration.

### Cost

**Friendly House Members - \$80**

**Non-members - \$90**

**Reduced/Free Lunch Rate - \$65**

**To Register:** Send an email to

**Bergin Learning Arts**

[info@berginlearningarts.com](mailto:info@berginlearningarts.com)

### Teacher: Lanie Bergin, M.Ed.

Lanie is the founder of Bergin Learning Arts, LLC and Whole Child Left Behind LLC. She works with Portland Public Schools and social agencies bringing her unique approach to Expressive Arts education to pre-school, elementary and children of all ages. WCLB is a social advocacy organization founded to explore how personal mythology relates to and influences education, society, culture, and child development.



# EXPRESSIVE ARTS & DANCE FOR CHILDREN

AT FRIENDLY HOUSE

2617 NW Savier Street  
Portland, Oregon  
(503) 228-4391

8 Wednesdays

Oct - 7, 14, 28

Nov - 4, 18, 25

Dec - 2, 9

## Skelly Teaches the World to Dance

**Grades:** 3rd to 5th

**Class Size Limit:** 12

**Dates:** 8 weeks starting October 7, 2015

**Times:** Wednesdays at 4:30 to 5:30pm

**Where:** Friendly House - in the Garden Room

Skelly the skeleton will show you the bare bones of all the reasons why You Are Amazing! You will dance and create a series of drawings that will lead up to a life-size Self-Portrait of your amazing self!

**Children will learn** about the evolution of movement, the basic bones and muscles through engaging activities with movement, storybooks, music & drawing. Children create a personal portfolio of drawings that tell their unique story about their arms, legs & feet. A life-sized self-portrait is the final project and Friendly House invites parents/friends to a short performance of the Self-Portrait Dance & Gallery. Details will be provided after registration.

### Cost

**Friendly House Members - \$80**

**Non-members - \$90**

**Reduced/Free Lunch Rate - \$65**

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### What is Expressive Arts Education?

Expressive Arts education combines movement and visual arts for social, emotional, physical and cognitive development. Our teaching methods are designed to enhance emotional expression, self-regulation, critical thinking and self-directed learning. Tailored to each child's unique needs, EXA provides sensory, spatial, empathy, collaboration and conflict resolution skills.

[www.berginlearningarts.com](http://www.berginlearningarts.com)